

Nutrition and Hydration Conference

Supporting delivery of great Nutrition and Hydration

Friday 13th March 2020
8.30am – 4.30pm
New Education Centre, Royal Victoria Infirmary

Programme

- 08.30 Registration, coffee, education stands viewing (*Conference Suite 75-2-01*)
- 09.00 Welcome and introduction – Paula Coulson Senior Nurse Nutrition & Hydration and James Callaghan Head of Nutrition & Dietetics.
- 09.15 Keynote: Dr Chris Mountford Consultant Gastroenterologist: *Malnutrition, physiological effects and benefits of treatment.*
- 09.45 *'MUST' and STAMP a guide to completion.* Estelle Rickelton Dietitian & Fran McDermott Nurse Specialist (Adult Nutrition)
- 10.15-10.45 BREAK & education stands viewing (Conference Suite 75-2-01)
- 10.45-11.45 WORKSHOPS (blue) 30 minutes each **choose 2 of 5.**
Alternatively attend NUTRITION SPEED DATING (yellow)

Workshops				
Nasogastric Tubes (NG)	Percutaneous Endoscopic Gastrostomy (PEG) tubes	Anatomy of swallowing	Parenteral Nutrition	Hydration
Safe care of NG tubes.	Care of a PEG tube	Video Fluoroscopy the anatomy of swallowing	Indications for Total Parenteral Nutrition (TPN)	The importance of effective hydration for patients, staff and visitors
Room 2.064	Room 2.066	Room 2.067	Room 2.068	CRB Lecture Theatre

Nutrition and Hydration Speed Dating			
Diet and Oncology	Mouth care and oral hygiene	Food fortification and Oral Nutritional Supplements (ONS)	Nutrition and skin health
Critical Care	Nutrition support for patients with Dementia, Delirium and cognitive impairment	Paperlite	Child and adult weight management

Conference Suite 75-2-01



- 11.45-12.15 *The importance of identifying food allergy.* Dawn Smith Lead Specialist Dietitian.
- 12.15-12.45 *Dysphagia supporting patients with swallowing difficulties.* Fiona Marshall Highly Specialist Speech and Language Therapist and James Faraday Specialist Speech and Language Therapist.
- 12.45-13.45 *LUNCH (Conference Suite 75-2-01)*
- 13.45-14.45 WORKSHOPS – (blue) 30 minutes each, **choose 2 of 5**
Alternatively attend NUTRITION SPEED DATING (yellow)

Workshops				
Nasogastric Tubes (NG)	Percutaneous Endoscopic Gastrostomy (PEG) tubes	Video Fluoroscopy the anatomy of swallowing	Parenteral Nutrition	The importance of effective hydration for patients, staff and visitors
Safe Care of NG tubes.	Care of a PEG tube		Indications for Total Parenteral Nutrition (TPN)	
Room 2.064	Room 2.066	Room 2.067	Room 2.068	CRB Lecture Theatre

Nutrition and Hydration Speed Dating			
Diet and Oncology	Mouth care and oral hygiene	Food fortification and Oral Nutritional Supplements (ONS)	Nutrition and skin health
Critical Care	Nutrition support for patients with Dementia, Delirium and cognitive impairment	Paperlite	Child and adult weight management
Conference Suite 75-2-01			

- 14.45-15.15 A Patient’s experience of the effects of malnutrition with Mr Bob Moncur:
“My experience of requiring complex nutrition and hydration support” (Panel discussion) led by Fran McDermott, Nurse Specialist (Adult Nutrition) & Jill Macdonald Specialist Dietitian.
- 15.15-15.45 *BREAK & education stands viewing (Conference Suite 75-2-01)*
- 15.45-16.15 Interactive quiz: What have you learned today?
- 16.15 *CLOSE* and quiz prize presentation.