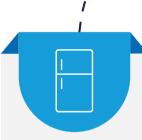


Helping Hands

provides support to Newcastle Hospitals staff in urgent financial need.



The service is delivered by our Chaplaincy Team and is open to any member of staff at times of financial crisis. Chaplaincy can be reached 24/7 every day of the year on either 48129 (8.30am – 4.30pm), or via switchboard at all other times.



Too Good to Throw Fridges

Leftover food that is too good to waste made available to colleagues who need it.
Delivered in partnership with the catering team.



Meal Cards for staff bistros

Discreet and confidential support for staff who need funds to eat and drink at work.

Delivered in partnership with the catering team.



Direct access to Citizens Advice

Free and quick access to impartial information and confidential advice from Citizens Advice Bureau Gateshead. Staff can also access this directly themselves.



Free sanitary products

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Access to free sanitary products to combat period poverty.



Small monetary grant

Coming soon for colleagues in financial crisis.



Foodbank vouchers

Vouchers to provide free food to staff who need it.







