

Advanced Programme for Sustainability Ambassadors

	Content
Day 1	What is sustainability? The science and principles behind our three goals – Net Zero Carbon, Clean Air and Zero Waste, and the other themes of our strategy.
Day 2	What does sustainability mean for organisations, and specifically healthcare organisations? What are some of the solutions, and how can we put them into practice?
Day 3	What is a sustainability ambassador? How do you make large scale change happen?
Day 4	Present your project ideas to the group, with an opportunity to discuss with a subject matter expert from the sustainability department.
Day 5	What is the role of data and audits in managing sustainability? The project management skills you will need, and how to build the case for sustainability.

Over the course of the programme you will acquire knowledge of environmental sustainability principles, develop the management tools and skills needed to make changes, and understand how to motivate others into action.

As part of the course, we would like you to apply your new knowledge and understanding to develop a project from an initial idea to an implementable scheme. Examples of projects initiated by Sustainability Ambassadors include:

- Develop a sustainability leadership course to complement existing leadership training
- Pilot the use of a sample transport box to replace single-use plastic bags for the transportation of samples around the Trust, and between the Trust and GP practices
- Review procedures to reduce the need to decant samples into secondary containers before testing
- Review policy of external site visits for research and create virtual site tours to reduce miles travelled and hotel stays
- Creation of electronic forms to reduce paper use and associated storage requirements.

You will be given the opportunity to discuss and hone your project idea across the five days. Day four will be dedicated to discussing your project idea with your peers on the course, and troubleshooting with subject matter experts in the sustainability team.

Following the course, you will be added to the group of Green Champions Plus. A Green Champion Plus is an advocate for sustainability within their department, and acts as a point of contact for anyone within their department who wants to help deliver Sustainable Healthcare in Newcastle (Shine).

The course will run from 10.00 to 3.30 each Wednesday and will include a mixture of Teams sessions, self-directed learning and group work.