

**Healthier Planet  
Healthier People**



## Shine Green News Bulletin – December 2023

With so much activity on sustainability in healthcare taking place across the NHS and wider, we have decided to try to pull together a Shine Green News Bulletin to compile the most useful and interesting bits of information.

**If you would like us to include anything in the monthly bulletin, please email [nuth.environment@nhs.net](mailto:nuth.environment@nhs.net) by 12 p.m. on the last Friday of the month.**

Please access information on training, funding, case studies and more at our web pages: <https://www.flourishatnewcastlehospitals.co.uk/flourish-key-themes/sustainable-healthcare/>

## Greener NHS North-East and Yorkshire Bulletin

You can sign up for the monthly North East and Yorkshire Greener NHS Bulletin [here](#).



November 2023 - North East and Yorkshire - Greener NHS  
Bulletin

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You can get in touch with our regional Greener NHS team:

**Hawarun Hussain** | Head of Sustainability & Net Zero  
[hawarun.hussain@nhs.net](mailto:hawarun.hussain@nhs.net) | 07752 781342

November's highlights include:

- Publication of the NHS Net Zero Travel & Transport Strategy
- Medicine Carbon Footprint Classifier – providing standardised, product-level, per dose medicine emissions ratings for thousands of medicines
- Green Surgery Report – Reducing the environmental impact of surgical care

## **Carbon Literacy Action Day – 4<sup>th</sup> December 2023**

On the 4th of December 2023, to coincide with the UN COP28 Climate Negotiations, the Carbon Literacy Project will be holding the biggest-ever climate education-and-action training event.

The action day offers an opportunity for as many learners as possible from all walks of life, organisations, sectors and backgrounds, to complete their Carbon Literacy training simultaneously on a single day, and pledge low carbon actions to reduce emissions. Getting involved in the Action Day is simple: all you have to do is **schedule or join a course that ends before 11:59pm on Monday 4th December**.

More information and registration page <https://carbonliteracy.com/carbon-literacy-action-day/>

Carbon Literacy for Healthcare Professionals is also available for free <https://learninghub.nhs.uk/catalogue/Carbon-Literacy-for-healthcare>. This is a two part training session, with 50% completed online and 50% completed in one of the virtual workshops, scheduled for the 7<sup>th</sup> December, 5<sup>th</sup> January, 5<sup>th</sup> February and 6<sup>th</sup> March.

## **Sustainability Survey**

Our annual sustainability survey is now out – your views and suggestions really do make a difference! For example, comments were fed into the Red Flag edition of the Annual Sustainability Report, which then led to investment in key Net Zero Engineer roles within Estates, advancing our progress towards Net Zero. So far 146 members of staff have completed this survey. With over 400 Green Champions we know we can do better than this! **Please take 5 minutes to complete the survey and share it with your colleagues and team mates.**

<https://sustainablenuth.survey.fm/2023-staff-sustainability-survey>

If you wish to be entered into the prize draw for the chance to win a National Trust family membership, or one of three single-use family admission tickets, please provide us with your email address at the end of the survey.

Please add the following sentence to your email signature:

Tell us your views on sustainability at Newcastle Hospitals to be entered into a prize draw for National Trust membership <https://sustainablenuth.survey.fm/2023-staff-sustainability-survey> - Newcastle Hospitals employees only.

## Estates Net Zero Project Lead

We are pleased to welcome Valetin Kokorin to the Trust, who is taking up one of two posts as Net Zero Project Lead. **Valentin will be working with Estates Engineers to progress our transition to a Net Zero Estate at the Freeman Hospital, through energy demand reduction and renewable technology projects.**

There are plans to have a similar Net Zero Project Lead for the RVI in the near future, much needed for us to achieve our goal to be to Net Zero by 2030!

## Sustainability in Healthcare update – Libraries and Information Service

The Hampshire Hospitals Library Service produces this [sustainability bulletin](#) containing links to journals, digital toolkits, e-books, case studies and more related to sustainability in healthcare, and is a really comprehensive collection of information, research & guidance.

**Please take 5 minutes to have a look, and see what new articles, research and toolkits are available to support a transition to sustainable models of care in your area or service.**

- Innovating patient care in the era of climate change – Journal of Climate Change & Health
- Single-use accessories and endoscopes in the era of sustainability and climate change – Journal of Gastroenterology and Hepatology
- Ambient greenness, access to local green spaces, and subsequent mental health – The Lancet Planetary Health

## Shine Rewards

Well done to those of you who are signed up to Shine Rewards! **Sign up to the app to get rewards for the sustainable actions you take every day!!**

## 12-Month Impact on the Shine Rewards Scheme

November 2022 - November 2023



Scan me to get involved



The Newcastle upon Tyne Hospitals NHS Foundation Trust



Shine Rewards members have saved 71,000 Kg of CO<sub>2</sub>e through the programme, that's equivalent to 60 return flights to New York, NY.

Congratulations to the staff of Newcastle Hospitals for keeping your emissions down and out of the atmosphere! Small actions really do add up.

### Climate Emergency Action Fund

Funding is available, but must be spent by the end of March 2023, for your sustainability initiatives! Email [nuth.environment@nhs.net](mailto:nuth.environment@nhs.net) for an application form.

This year we have agreed to fund a trial of more sustainable materials for hand-splinting, some re-usable products for the Day Treatment Centre at Freeman, and some re-usable cups and mugs for visitor use in Children's Services.

Get your thinking caps on and your applications in!

There is now a Funding Opportunities page on the Greener NHS Knowledge Hub [Funding Opportunities - Greener NHS Knowledge Hub - FutureNHS Collaboration Platform](#) which brings together a range of funding. A login is required to the Future NHS Collaboration Platform.

### Activity across healthcare

As the sustainable healthcare agenda continues to gain momentum, there are the other networks we have become aware of that you may wish to explore. Some are linked below.

**Please take some time to investigate what is happening in your specialism or area of expertise and access resources and support.** The list below is just a start! There are many more resources out there.

[Infection Prevention Society Sustainability Special Interest Group](#)

[Green ED – Royal College of Emergency Medicine](#)

[Greener Endoscopy](#)

[Royal College of Nursing Sustainability](#)

[Centre for Sustainable Healthcare](#)  
[Sustainable Healthcare Coalition](#)

## **Some good-byes!**

In case you don't already know, I am leaving the Trust at the end of December to take up a new role as Sustainability Manager at Sunderland University. Thank you to all of you for your commitment to Sustainable Healthcare at Newcastle, I have really enjoyed working with you all! I'm sure my replacement will introduce themselves in due course, but in the meantime please contact Anna-Lisa Mills, Sustainability Manager [anna-lisa.mills@nhs.net](mailto:anna-lisa.mills@nhs.net) or [nuth.environment@nhs.net](mailto:nuth.environment@nhs.net) with all of your sustainability queries and ideas.

Many of you have also worked with Amy Johnston over the years. Amy is also moving on from the Trust to take up a new role as Waste and Environmental Manager for Northumbria Healthcare. I'm sure you all join me in wishing Amy the best of luck in her new role and thanking her for all her hard work and everything she has achieved over her time at Newcastle Hospitals. Amy's replacement will join us in the New Year, and in the meantime please contact Jason Mitchell with any waste related enquiries.